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2 Q2 **Cancer Mortality Risks from Long-term Exposure**
3 Q3 **to Ambient Fine Particle**

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7 **Abstract**

8 **Background:** Few studies have assessed long-term effects of
9 particulate matter (PM) with aerodynamic diameter < 2.5 μm
10 (PM_{2.5}) on mortality for causes of cancer other than the lung; we
11 assessed the effects on multiple causes. In Hong Kong, most
12 people live and work in urban or suburban areas with high-rise
13 buildings. This facilitates the estimation of PM_{2.5} exposure of
14 individuals, taking into account the height of residence above
15 ground level for assessment of the long-term health effects with
16 sufficient statistical power.
17 **Methods:** We recruited 66,820 persons who were ≥65 in 1998
18 to 2001 and followed up for mortality outcomes till 2011. Annual
19 concentrations of PM at their residential addresses were estimated
20 using PM_{2.5} concentrations measured at fixed-site monitors, hor-
21 izontal–vertical locations, and satellite data. We used Cox regres-
37 sion model to assess the HR of mortality for cancer per 10 μg/m³
increase of PM_{2.5}.
Results: PM_{2.5} was associated with increased risk of mortality
for all causes of cancer [HR, 1.22 (95% CI, 1.11–1.34)] and for
specific cause of cancer in upper digestive tract [1.42 (1.06–1.89)],
digestive accessory organs [1.35 (1.06–1.71)] in all subjects;
breast [1.80 (1.26–2.55)] in females; lung [1.36 (1.05–1.77)] in
males.
Conclusions: Long-term exposures to PM_{2.5} are associated with
elevated risks of cancer in various organs.
Impact: This study is particularly timely in China, where
compelling evidence is needed to support the pollution control
policy to ameliorate the health damages associated with econom-
ic growth. *Cancer Epidemiol Biomarkers Prev*; 1–7. ©2016 AACR.

38 **Introduction**

39 Emissions from transportation and power generation are the
40 major sources of carcinogenic hydrocarbons and heavy metals in
41 particulate matter (PM; ref.1). Long-term exposure to PM has been
42 associated with mortality mainly from cardiopulmonary causes
43 and lung cancer, but there have been few studies showing an
44 association with mortality from other cancers (2–11). Two main
45 biologic mechanisms to explain PM-associated cancer mortality
46 have been postulated: first, an effect of oxidative stress induced by
47 PM on epithelial cells to produce reactive oxygen species that can
48 damage DNA, proteins, and lipids (12); and second, an effect of
49 inflammation induced directly or indirectly by PM, leading to the
50 production of chemokines and cytokines to trigger angiogenesis,
51 allowing epithelial invasion of metastatic tumor cells and then

survival of the invading malignant cells in distant organs (13). It
is plausible that PM-associated carcinogenic risk could appear
in organs other than the nasal cavities and lungs, but there are
few epidemiologic studies addressing the postulation. This was
a prospective cohort study; the methods before taking into
account of floor level in estimation of the exposure and results
on mortality for all-natural and cardio-respiratory causes have
been published (14). In this study, we assessed the associations
of mortality for various causes of cancer with long-term expo-
sure to PM.

Materials and Methods

Subjects and individual information

A total of 18 Elderly Health Centres were established to deliver
health examinations and primary care services for older adults in
Hong Kong by the Elderly Health Service of the Department of
Health of the Government of the Hong Kong Special Adminis-
trative Region that aimed to promote the health of elderly pop-
ulation in each district and to enhance self-care ability so as to
minimize illness and disability. Nurses and doctors of the Elderly
Health Centres that are located in each of the 18 districts in Hong
Kong provided health assessment, using standardized and struc-
tured interviews, and comprehensive clinical examinations. Infor-
mation on sociodemographic, lifestyles, and disease history was
collected as described in a previous study using the data collected
by the Elderly Health Service (15). This study covered all 66,820
enrollees from July 1998 to December 2001, who were recruited
on voluntary basis, accounting for 9% of the 65 or older popu-
lation at the baseline year (the sampling fractions ranging from
6.6%–17.5% of the population older than 65 years of age in each

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84 district; ref.16). The protocol was approved by the Institutional
85 Review Board of the University of Hong Kong/Hospital Authority
86 Hong Kong West Cluster and the ethics committee of the Depart-
87 ment of Health.

88 Follow-up

89 Vital status and causes of death were ascertained by record
90 linkage to death registration in Hong Kong using the unique Hong
91 Kong identity card number. The last date of follow-up or censor
92 date was December 31, 2011. Causes of death were routinely
93 coded using International Classification of Diseases (ICD) 9th
94 Revision before 2001 and 10th Revision in or after 2001. Most of
95 the Hong Kong residents died in hospital, ensuring accurate
96 ascertainment of the cause of death. Those whose vital status
97 could not be determined were assumed to be alive.

98 Mortality outcomes

99 The cause of death was coded by both ICD-9 and ICD-10 over
100 the study period from 1998 and was based on the underlying
101 cause of death according to the underlying etiology or injury that
102 initiated the chain of morbid events leading directly to death. The
103 mortality causes considered in this study were subcategories of
104 cancer, which accounted for at least 100 deaths. They were: all
105 malignant neoplasms or cancers ICD10:C00-C99 (or ICD9:140-
106 209). Subcategories of cancers included were: all digestive organs
107 C15-C26 (150–159) which were subdivided into (i) upper diges-
108 tive tract C15-16 (150–151), including esophagus and stomach,
109 (ii) lower digestive tract C17-21 (152–154), including small
110 intestine, colon, rectum, appendix, and anus, and (iii) accessory
111 organs C22-25 (155–157), including liver, gall bladder, and
112 pancreas; lung, including trachea C33-C34 (162); breast C50
113 (174); female genital C51-C58 (179–184); male genital C60-
114 C63 (185–187); urinary C64-C68 (188–189); and lymphohema-
115 topoietic C81-C96 (200–209). To assess the specificity, we
116 assessed the causes of poisoning and injuries (S00–Y98) mortal-
117 ity, which was considered to be unrelated to PM exposure.

118^{Q6} Individual, ecological, and environmental covariates

119 On the basis of the data from a standardized questionnaire,
120 we included individual covariates of age, gender, body mass
121 index (BMI), smoking status, exercise frequency, education
122 level, and personal monthly expenditure. On the basis of
123 census statistics in 197 land areas, by the Tertiary Planning
124 Units (16), we included ecological covariates in percentage of
125 older subjects (aged 65+), percentage with tertiary education,
126 and monthly domestic household income. From 18 districts of
127 Hong Kong, we included environmental covariates in percent-
128 age of smokers (aged 15+) for the indication of exposure to
129 environmental tobacco smoke in each year. On the basis of *ad*
130 *hoc* survey, we included ground radon levels (kBqm^{-3}) in 1×1
131 km grid of a data map (17–19).

132 Exposure estimation model

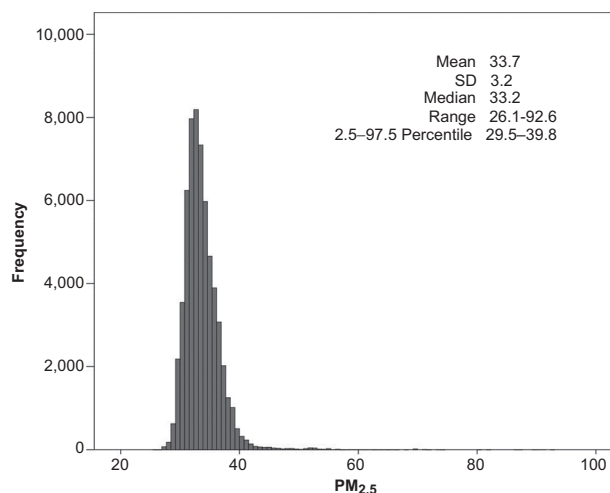
133 We calculated annual mean concentrations ($\mu\text{g}/\text{m}^3$) of PM with
134 aerodynamic diameter $< 2.5 \mu\text{m}$ ($\text{PM}_{2.5}$) based on the data from 5
135 stations run by the Environmental Protection Department, which
136 has monitored hourly concentrations of the pollutants by tapered
137 element oscillating microbalance from 1998 until 2011. In all the
138 locations, we obtained their geospatial height above the mean sea
139 level and the satellite information in 1×1 km grids of surface

141 extinction coefficients (20–22). Then, we fitted regression models
142 to estimate $\text{PM}_{2.5}$ concentrations using surface extinction coeffi-
143 cients and inverse geospatial height (i.e., $1/\text{height}$) of the resi-
144 dential location above the mean sea level as independent
145 variables.

146 We geocoded all residential addresses of the subjects and
147 matched them with the surface extinction coefficients data.
148 We calculated the vertical height of each address based on the
149 floor number. Using the abovementioned exposure model, we
150 estimated the annual mean concentrations of $\text{PM}_{2.5}$ in each
151 residential location. We then compared the estimates with the
152 results independently obtained from a deterministic model
153 based on street canyon geometry, traffic census, air pollution,
154 and meteorologic data for an area where the data were
155 available (23).

156 Statistical analysis

157 For each organ-specific cancer mortality dataset, we used Cox
158 proportional hazards model to estimate the HR of mortality
159 ($n = 60,273$) for every $10 \mu\text{g}/\text{m}^3$ increase of long-term exposure
160 to $\text{PM}_{2.5}$ concentration, with adjustment for individual, eco-
161 logical, and environmental covariates after excluding subjects
162 (9.8%) with missing data in any covariates that were men-
163 tioned previously. We used time-on-study from the baseline as
164 timescale and the estimated exposure in the subjects' recruit-
165 ment year (between 1998 and 2001) to represent long-term
166 exposure. To control for competing diseases and to assure
167 detection of long-term associations, we excluded deaths due
168 to other causes and deaths that occurred within 3 years from the
169 baseline year, respectively. We stratified the data by ever and
170 never smoker and tested for the difference by an interaction
171 term in the model, respectively, for male and female. We
172 performed the sensitivity analysis by excluding height of
173 address from sea level in the exposure estimation, by using
174 current annual mean $\text{PM}_{2.5}$ as time-varying variable in the Cox
175 model, and by competing risks model instead of excluding
176 deaths from competing causes (24) or by excluding subjects
177 with self-reported preexisting respiratory and cardiometabolic



178 **Figure 1.** Distribution of $\text{PM}_{2.5}$ ($\mu\text{g}/\text{m}^3$). The figure depicts the frequency of subjects
179 (y-axis) in each class interval ($1 \mu\text{g}/\text{m}^3$ of $\text{PM}_{2.5}$) against $\text{PM}_{2.5}$ concentration
180 in $\mu\text{g}/\text{m}^3$ units (x-axis).

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Q8 **Table 1.** HRs adjusted for individual, ecological and environmental covariates for all cancer mortality due to long-term exposure to PM_{2.5}

| Characteristics | HR (95% CI) | Number of deaths per 1,000 person-years |
|---|------------------|---|
| Per 10 µg/m ³ increase of PM _{2.5} | 1.22 (1.11-1.34) | |
| Mean ± SD: 33.7 ± 3.2; IQR: 3.3; median (range): 33.2 (26.1-92.6) | | |
| Individual: | | |
| Age (year) | 1.09 (1.09-1.10) | |
| Gender | | |
| Male as ref. | | 10.8 |
| Female | 0.68 (0.63-0.74) | 6.3 |
| BMI Quartiles | | |
| Q2-Q3 (21.6-26.3) as ref. | | 7.5 |
| Q1 (<21.6) | 1.09 (1.02-1.18) | 9.3 |
| Q4 (>26.3) | 1.05 (0.98-1.13) | 7.1 |
| Smoking | | |
| Never-smoked as ref. | | 6.1 |
| Quitted | 1.49 (1.37-1.61) | 10.9 |
| Current | 2.33 (2.13-2.54) | 14.2 |
| Exercise (days/week) | 0.98 (0.96-1.01) | |
| Education | | |
| Secondary or above as ref. | | 7.5 |
| Primary | 1.07 (0.98-1.16) | 8.5 |
| Below primary | 1.08 (0.99-1.19) | 7.4 |
| Monthly expenditure (US\$) | | |
| <128 | 0.97 (0.87-1.09) | 7.3 |
| 128-384 | 1.07 (0.98-1.16) | 8.0 |
| ≥385 as ref. | | 7.4 |
| Ecological: | | |
| Age ≥ 65 | 0.99 (0.98-1.00) | |
| Education as tertiary level | 0.99 (0.98-1.00) | |
| Income/month ≥ US \$1,923 | 1.00 (1.00-1.01) | |
| Environmental: | | |
| Tobacco smoke (as % of smokers) | 1.21 (1.05-1.40) | |
| Radon (kBqm ⁻³) | | |
| 0-40 as ref. | | 8.1 |
| 41-100 | 1.06 (0.97-1.15) | 7.6 |
| ≥101 | 1.08 (0.98-1.20) | 8.0 |

NOTE: 47,594 subjects were included in the model. 4,531 of them died of cancers.
Abbreviations: IQR, interquartile range; ref., reference.

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180 diseases at baseline. Death records were the primary follow-up
181 information in this study (with average of 10.3 years and range
182 0-13 years of follow-up), but those that might have been lost to
183 follow-up due to a change in address or migration were not
184 traceable. Among the nonmissing records until the last follow-
185 up year, there were 16% of them who did not appear in any
186 formal records of adverse health events or in any questionnaire
187 interviews in the last 3 years, which might be due to loss to
188 follow-up. Therefore, we also performed the sensitivity analysis
189 by excluding these 16% potential loss to follow-up subjects
190 from the analysis. Further sensitivity analyses were performed
191 to exclude deaths within 5 or 7 years, subjects who had moved
192 during the follow-up period or had been hospitalized during
193 1998 to 2000, to take account of diseases that may take longer

than 3 years for the incubation period, the effect of moving
address and the effect of mixing with prevalent cases, respec-
tively. Cox models were performed using the command PHREG
in Statistical Analysis System 9.2. We plotted the relationship
between PM_{2.5} and deaths from all cancers using the natural
splines command COXPH in R 3.0.1 with two degrees of
freedom. As a sensitivity analysis, we also used models with
random effects set at the intercepts to take account of possible
intradistrict correlations (25, 26).

Results

In the exposure models for PM_{2.5} ($R^2 = 0.47$), both inverse
height ($P < 0.001$) and surface extinction coefficients ($P < 0.01$)

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Table 2. HRs for mortality of all natural causes and specific cancers per 10 µg/m³ of PM_{2.5}

| ICD10 | Causes of mortality | n ^a | HR ^b (95% CI) | P |
|---------|-----------------------|----------------|--------------------------|--------|
| A00-R99 | All natural causes | 14,398 | 1.13 (1.08-1.19) | <0.001 |
| C00-C97 | All malignant | 4,531 | 1.22 (1.11-1.34) | <0.001 |
| C15-26 | All digestive organs | 1,734 | 1.22 (1.05-1.42) | 0.01 |
| C15-16 | Upper digestive tract | 323 | 1.42 (1.06-1.89) | 0.02 |
| C17-21 | Lower digestive tract | 719 | 1.01 (0.79-1.30) | 0.91 |
| C22-25 | Accessory organs | 676 | 1.35 (1.06-1.71) | 0.01 |
| C33-34 | Lung | 1,408 | 1.14 (0.96-1.36) | 0.14 |
| C50 | Breast | 111 | 1.80 (1.26-2.55) | 0.001 |
| C51-58 | Female genital | 138 | 1.73 (1.17-2.54) | 0.006 |
| C60-63 | Male genital | 143 | 1.02 (0.51-2.04) | 0.96 |
| C64-68 | Urinary | 155 | 0.98 (0.58-1.64) | 0.93 |
| C81-96 | Lymphohematopoietic | 310 | 1.29 (0.86-1.95) | 0.21 |

^an = number of deceased subjects.

^bHRs were adjusted for all covariates as in Table 1.

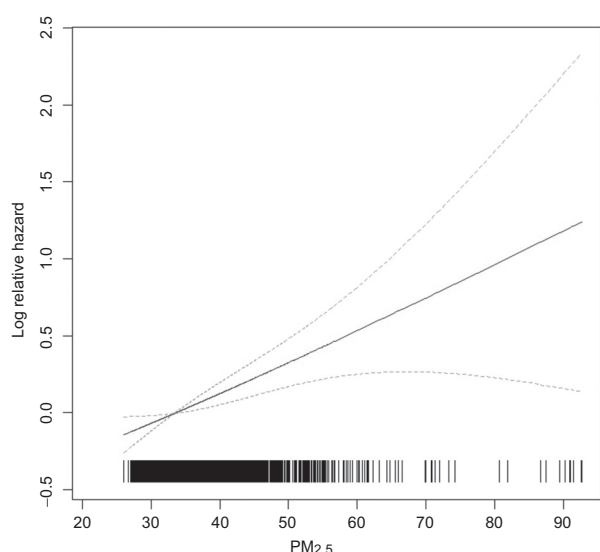


Figure 2.

The pattern of association between all-cancer mortality risk and long-term exposure to $PM_{2.5}$ ($\mu g/m^3$). Solid line (95% CI: dashed line) based on fully adjusted model in Table 1, with natural spline on 2 degrees of freedom. The marks above the x-axis show the measurements with the crowdedness, indicating the distribution of $PM_{2.5}$ concentration.

209 were significant predictors. Comparison of the empirically
210 estimated PM concentrations with those estimated from deter-
211 ministic model for street canyon yielded good validation mea-
212 sures (Supplementary Table S1). The estimated $PM_{2.5}$ mean
213 concentration (2.5–97.5 percentile) in the baseline year at
214 individual residential locations was 33.7 (29.5–39.8) $\mu g/m^3$
215 (Fig. 1).

216 Subjects who were exposed to cleaner air quality tended to
217 be younger, had a higher BMI and were never-smokers, fre-

219 quent exercisers, better educated, lower in personal expendi-
220 ture, and were located in areas with fewer older people, higher
221 levels of education, higher income, and higher radon levels
222 (all $P < 0.01$). Significant covariates identified in the Cox
223 regression model of cancer mortality were older, male, under-
224 weight, ever smoked, and less educated and lived in a com-
225 munity with younger, less educated, and with more smoking
226 subjects (Table 1).

227 $PM_{2.5}$ was associated with all-cancer mortality [HR, 1.22;
228 95% confidence interval (CI), 1.11–1.34] as well as cause-
229 specific cancer mortality, including all digestive organs (HR,
230 1.22; 95% CI, 1.05–1.42), upper digestive tract (HR, 1.42; 95%
231 CI, 1.06–1.89), and accessory digestive organs (HR, 1.35; 95%
232 CI, 1.06–1.71). In female, the associations were shown in
233 breast (HR, 1.80; 95% CI, 1.26–2.55) and genital organs (HR,
234 1.73; 95% CI, 1.17–2.54; Table 2). $PM_{2.5}$ was not significantly
235 ($P > 0.05$) associated with external causes. A linear concentra-
236 tion–response relationship between $PM_{2.5}$ and all-cancer mor-
237 tality was shown (Fig. 2).

238 In the stratified analysis, $PM_{2.5}$ (per 10 $\mu g/m^3$ increase) was
239 associated with mortality due to lung cancers (HR, 1.39; 95%
240 CI, 1.05–1.77) among male subgroup (Table 3). The HRs in the
241 sensitivity analyses (Table 4) were consistent to those in the main
242 analyses in terms of magnitude and direction of deviation from
243 the null effect estimate.

Discussion

244 We showed that in older people, cancer mortality risks were
245 associated with long-term exposure to particulate air pollutants in
246 a typical Asian city, Hong Kong, where the people dwell mainly in
247 high-rise buildings. We demonstrated carcinogenic risks of $PM_{2.5}$
248 in multiple organs and tissues using the approach for a single
249 prospective cohort. There are few studies in the literature com-
250 paring $PM_{2.5}$ associations on cancer mortality among different
251 organs or tissues. We found stronger associations with $PM_{2.5}$ in
252

Table 3. Stratification analysis: HRs for mortality of cancer per 10 $\mu g/m^3$ of $PM_{2.5}$ in male and female subjects

| Causes of mortality | (i) Male | | | | | | | | |
|-----------------------|--------------|------------------|--------|--------------|------------------|-------------|------------------|-------------|--|
| | All subjects | | | Never smoker | | Ever smoker | | Interaction | |
| | n | HR (95% CI) | P | N | HR (95% CI) | n | HR (95% CI) | P | |
| All malignant | 2,043 | 1.31 (1.13–1.51) | <0.001 | 553 | 1.23 (0.90–1.67) | 1,490 | 1.33 (1.13–1.56) | 0.75 | |
| All digestive organs | 791 | 1.29 (1.01–1.65) | 0.04 | 261 | 1.23 (0.83–1.83) | 530 | 1.32 (0.98–1.78) | 0.94 | |
| Upper digestive tract | 176 | 1.46 (0.98–2.18) | 0.06 | 54 | 1.49 (0.79–2.81) | 122 | 1.44 (0.88–2.35) | 0.31 | |
| Lower digestive tract | 311 | 1.21 (0.81–1.81) | 0.35 | 105 | 1.13 (0.61–2.07) | 206 | 1.23 (0.76–2.01) | 0.46 | |
| Accessory organs | 298 | 1.28 (0.83–1.96) | 0.26 | 101 | 1.09 (0.55–2.18) | 197 | 1.37 (0.81–2.32) | 0.98 | |
| Lung | 677 | 1.36 (1.05–1.77) | 0.02 | 100 | 1.19 (0.52–2.74) | 577 | 1.37 (1.05–1.78) | 0.41 | |
| Male genital | 143 | 1.02 (0.51–2.04) | 0.96 | 64 | 0.75 (0.22–2.61) | 79 | 1.16 (0.49–2.78) | 0.86 | |
| Urinary | 87 | 1.03 (0.48–2.24) | 0.93 | 22 | 0.41 (0.04–3.84) | 65 | 1.14 (0.56–2.35) | 0.23 | |
| Lymphohematopoietic | 124 | 1.65 (0.93–2.94) | 0.09 | 49 | 0.97 (0.36–2.63) | 75 | 2.05 (1.05–4.02) | 0.59 | |
| Causes of mortality | (ii) Female | | | | | | | | |
| | All subjects | | | Never smoker | | Ever smoker | | Interaction | |
| | n | HR (95% CI) | P | N | HR (95% CI) | n | HR (95% CI) | P | |
| All malignant | 2,488 | 1.17 (1.03–1.32) | 0.02 | 2,047 | 1.17 (1.02–1.34) | 441 | 1.12 (0.82–1.52) | 0.38 | |
| All digestive organs | 943 | 1.16 (0.96–1.41) | 0.13 | 821 | 1.17 (0.96–1.44) | 122 | 1.01 (0.59–1.71) | 0.26 | |
| Upper digestive tract | 147 | 1.37 (0.91–2.05) | 0.13 | 127 | 1.35 (0.89–2.04) | 20 | 1.25 (0.36–4.27) | 0.52 | |
| Lower digestive tract | 408 | 0.88 (0.64–1.23) | 0.46 | 354 | 0.91 (0.64–1.28) | 54 | 0.72 (0.26–2.02) | 0.63 | |
| Accessory organs | 378 | 1.37 (1.05–1.80) | 0.02 | 332 | 1.36 (1.01–1.84) | 46 | 1.39 (0.79–2.45) | 0.58 | |
| Lung | 731 | 0.99 (0.77–1.27) | 0.92 | 523 | 1.01 (0.76–1.36) | 208 | 0.95 (0.61–1.47) | 0.99 | |
| Breast | 111 | 1.80 (1.26–2.55) | 0.001 | 99 | 1.66 (1.10–2.50) | 12 | 7.14 (2.01–25.4) | 0.10 | |
| Female genital | 138 | 1.73 (1.17–2.54) | 0.006 | 126 | 1.65 (1.07–2.55) | 12 | 2.48 (1.09–5.61) | 0.53 | |
| Urinary | 68 | 0.89 (0.45–1.79) | 0.75 | 53 | 1.03 (0.54–1.96) | 15 | 0.35 (0.03–4.18) | 0.30 | |
| Lymphohematopoietic | 186 | 1.12 (0.62–2.02) | 0.70 | 161 | 1.17 (0.62–2.19) | 25 | 0.84 (0.26–2.75) | 0.99 | |

Table 4. Sensitivity analyses: HRs for mortality of all cancers per 10 µg/m³ of PM_{2.5}

| Sensitivity | n | HR (95% CI) | P |
|--|-------|------------------|--------|
| Without using geospatial height in exposure estimation | 4,546 | 1.20 (1.06-1.36) | 0.005 |
| Time-varying annual mean exposure instead of baseline year exposure | 4,514 | 1.21 (1.10-1.33) | <0.001 |
| Without control of competing diseases | 4,531 | 1.21 (1.10-1.33) | <0.001 |
| Exclusion of subjects as potential loss to follow-up | 4,531 | 1.23 (1.12-1.35) | <0.001 |
| Exclusion of deaths for the first 5 years | 3,697 | 1.23 (1.11-1.37) | <0.001 |
| Exclusion of deaths for the first 7 years | 2,706 | 1.14 (1.04-1.25) | 0.015 |
| Exclusion of subjects who had moved during the follow-up period | 4,192 | 1.22 (1.11-1.35) | <0.001 |
| Exclusion of subjects who had hospitalization record in 1998-2000 | 2,687 | 1.25 (1.12-1.41) | <0.001 |
| Exclusion of subjects with self-reported preexisting respiratory or cardiometabolic diseases at baseline | 2,582 | 1.20 (1.05-1.37) | 0.006 |
| Adjustment for alcohol intake | | | |
| All malignant | 4,531 | 1.22 (1.11-1.34) | <0.001 |
| All digestive organs | 1,734 | 1.22 (1.05-1.42) | 0.01 |
| Random effects with adjustment of autocorrelation at planning areas (i.e., Tertiary Planning Units) | 4,531 | 1.22 (1.11-1.34) | <0.001 |
| Competing risks | 4,531 | 1.14 (1.04-1.25) | 0.007 |

255 the upper digestive tract and accessory organs and breast than
 256 among all-cancer or all-digestive organs. Although most of our
 257 findings on specific cancers were not reported in the American
 258 Cancer Society study, our observations are consistent with the
 259 American Cancer Society study in a way that the excess risks of
 260 specific causes were larger than those of less specific causes (9).
 261 Our HRs per 10 µg/m³ PM_{2.5} for female genital cancer and for
 262 breast cancer were about 40% to 50% higher than the reported
 263 relative risk (1.20 and 1.19, respectively) in an ecological study of
 264 all ages in Taiwan (27, 28). When compared with the American
 265 Cancer Society study, our HR per 10 µg/m³ PM_{2.5} for all-digestive
 266 organs and for male lung cancer was fairly similar to their
 267 respective HR of 1.20 and 1.43, adjusted for individual covariates
 268 and components of social factors (9).

269 A hypothesis for an explanation at the molecular level of the
 270 carcinogenic effects of PM could be in terms of defects in DNA
 271 repair function and replication (29). Effects of oxidative stress
 272 due to air pollution have also been shown in biomarker studies
 273 (30). However, pathologic explanations for specific cancer
 274 mortality are rare. For digestive systems, the hypothesized
 275 mechanisms include inflammations of gut lining epithelial
 276 cells, following ingestion, alterations in immune response, and
 277 effects on gut microbiota (31). These hypotheses may be
 278 connected to aerosolized pollutants, which are trapped by
 279 mucus and swallowed, eventually passing through the whole
 280 digestive tract and affecting the epithelial cells and the gut
 281 microbiota. A large-scale European case-control study of
 282 household wood burning on esophageal cancer (32) and an
 283 ecological Spanish study of industrial metallic aerosols on
 284 gallbladder and pancreas cancers have also indicated similar
 285 associations of air pollutants with cancer of the upper digestive
 286 tract and accessory organs (33).

287 A human experimental study on metal species in thyroid cancer
 288 has hypothesized environmental contamination as a possible
 289 factor in explaining the thyroid pathology (34). Although the
 290 evidence is still insufficient, the literature has given some support
 291 to our findings on the PM-related cancer risks on multiple sites,
 292 including digestive system, lung, breasts, genital organs, and
 293 lymphohematopoietic tissues.

294 Most studies of the long-term associations of PM estimated
 295 proxy exposure of individuals at the region of residence, either
 296 using geospatial/dispersion modeling or satellite information
 297 (5, 9, 35-38). However, the estimation of chronic health
 298 associations of PM using intraregion spatial variation in this
 299 study has resulted in similar HRs to those studies relying on

301 contrasts of multiple region-wide average exposures. The smal-
 302 ler estimates in the latter were likely due to the greater exposure
 303 measurement errors, which led to underestimation of the
 304 pollution-related health burden (9). A California study showed
 305 that associations within cities are similar as between cities, and
 306 the difference in exposure metrics had little impact on the risk
 307 estimates for PM_{2.5} (39). We found that there were no differ-
 308 ences between estimates before and after controlling for intra-
 309 district correlations with random effect modeling. This result
 310 was supported by another U.S. study on incidence of cardio-
 311 vascular events, incorporating a random effect term for
 312 between-city and within-city effects (40).

313 There were limitations in this study. First, we did not address
 314 the associations of multipollutant exposure, indoor air pollution,
 315 chemical and physical size components of PM_{2.5}. The roles of
 316 PM_{2.5} cannot be disentangled from the other environmental
 317 pollutants. Second, we did not assess the contribution of genetic
 318 factors, metastasis, and cancer-inhibitory inflammation mecha-
 319 nism for the association because we were not able to determine
 320 the effects of PM on susceptible groups and on cancer develop-
 321 ment (13). Third, the short period of the study, which does not
 322 allow the assessment of health outcomes with long latency period,
 323 is another limitation. However, the participants could have
 324 already been living in the same address before enrollment, as the
 325 5-year moving rates in the older population were consistent and
 326 less than 15% in the past 10 to 15 years (41); only 9.3% of the
 327 subjects were found not residing in the same address during the
 328 follow-up of around 10 years, and the estimates were robust to
 329 exclusion of movers from the analysis. Fourth, most of the
 330 subjects (93%) were retired or not working anymore. Yet, their
 331 employment history was not known, and any previous occupa-
 332 tional exposure was not accounted for. Fifth, the daily
 333 activities of the subjects were not assessed in details by ques-
 334 tionnaires. However, in our sensitivity analysis, using annual
 335 mean exposure at the year of comparison in model should
 336 have taken account of this. Outdoor activities (e.g., travelling
 337 to other parts of the city) or indoor activities (such as the use
 338 of air purifiers), which would affect the exposure level of PM_{2.5},
 339 were not adjusted for. Further studies to take these into account
 340 are needed. Sixth, stage of cancer at diagnosis was not available
 341 in our data, which may affect the choice of treatment method
 342 and hence survival from premature death (42). However, as
 343 the trends of PM in different geographic areas were stable over
 344 the study period, the effect estimates may not be affected
 345 substantially.

348 Last but not the least, selection bias may be an issue due to
349 voluntary nature in the subject recruitment. Volunteers who were
350 more aware of the "new" provision of elderly health service by the
351 government could tend to be more conscious in seeking health
352 care service, which would potentially lead to underestimation of
353 the risk of PM in this study.

354 For older people who dwell in a city with a dense population
355 and high-rise buildings in Asia, long-term exposures to particulate
356 air pollutants are associated with mortality from all cancers
357 combined with a linear concentration–response relationship.
358 Associations were also found between PM_{2.5} and various specific
359 cancers, including cancer in lung, all digestive organs, breasts, and
360 genital organs. The magnitudes of risks are comparable with those
361 of other similar studies, providing further evidence to strengthen
362 causality and support health economic assessments of cancer-
363 related deaths attributable to air pollution.

364 Disclosure of Potential Conflicts of Interest

365^{Q11} No potential conflicts of interest were disclosed.

366 Authors' Contributions

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371 **Acquisition of data (provided animals, acquired and managed patients,
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